

Systems Engineering as a Health Care Improvement Strategy

The CMS/CMMI National Demonstration Project – Gathering June 2014

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Healthcare Systems Engineering Institute CMS Innovation Healthcare Systems Engineering Center NSF Center for Health Organization Transformation Northeastern University, Boston MA <u>www.HSyE.org</u>







The speaker has no financial nor other conflicts of interests to disclose.

other than to ask for your help



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Outline

- 1. Systems engineering as an improvement strategy
- 2. Range of examples
 - Simple to advanced
 - Micro to macro
- 3. Applications in your processes?
- 4. Getting involved



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Mission: Broad measureable impact on healthcare, nationally, through research, education, and application of industrial and systems engineering



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Agricultural extension center model



Participating health systems to-date



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Why? National interest..... but...

Significant interest (IOM, NAE, AHRQ, NSF, NIH, PCAST, etc)

'Time for science of health care to embrace science of systems engineering... but examples of... impact... are rare' (JAMA, 2012)

'Greater use of (IE) principles... widely used in manufacturing // and aviation... small number health care organizations... not widespread in U.S. health care'

Institute of Medicine / NAE reports



Advisory report to Obama (5-29-14)



Recent calls for proposals

(2 of *n* examples)

NIH AH	RQ →	Department of Heal Part 1. Overview In	th and Human Services formation				
Participating Organization(s)	and Human Ser rmation ional Institutes of Health (NIH) ce of Behavioral and Social Sci	Participating Organization(s)	Agency for Healthcare Research and Quality (AHRQ) NOTE: The policies, guidelines, terms, and conditions stated in this announcement may differ from those used by the NIH. Where this Funding Opportunity Announcement (FOA) provides specific written guidance that may differ from the general guidance provided in the grant application form, please follow the instructions given in this FOA. Also note that AHRQ may have different page limits than NIH for the application Research Strategy, which can be found within each individual FOA (see Section IV below). AHRQ Grants Policy and Information to applicants regarding Funding Opportunity Announcement procedures can be found at <u>Funding Opportunity</u>				
Participating Nati Organizations Nati Nati Nati	National Cancer Institute (<u>NCI</u>) National Heart, Lung, and Blood In National Institute on Aging (<u>NIA</u>) National Institute on Alcohol Abuse	Components of Participating Organizations	Agency for Healthcare Research and Quality, Center for Quality Improvement and Patient Safety, Patient Safety Portfolio				
Nati Eun (NIC	ional Institute of Biomedical Im <i>iice Kennedy Shriver</i> National I <u>CHD</u>)	Funding Opportunity Title	Patient Safety Learning Laboratories: Innovative Design and Development to Improve Healthcare Delivery Systems (P30)				
Nati Nati	ional Institute of Dental and Cr. ional Institute of Environmental	Activity Code	P30 Center Core Grants				
Nati Nati Nati	ional Institute of General Medic ional Institute of Mental Health ional Institute of Nursing Resea	Despite the eager endorsement about s actually incorporating systems principle partnering with progressive sectors of the	systems thinking by many health care advocates, there has been a scarcity of effort in s, engaging the design and engineering disciplines in patient safety projects, and he economy and other hazardous industries to realize new insights, and robust demu of Engineering and the Institute of Medicine draw from the earth is the term.				
Funding Opportunity Sy Title So	stems Science an ocial Sciences (R0	engineering and health care communitie Delivery System – A New Engineering/A	the set of produce a consensus report and collection of papers entitled <i>Building a Better</i> Health Care Partnership. Despite the carefully crafted recommendations and thoughtful				
Activity Code R01	Research Project Grant	papers, its impact has been limited.					

Systems science methodologies are specific methodological approaches that have been developed to understand connections between a systems structure and its behavior over time. "Systems science methodologies" is an umbrella term to refer to a variety of such methodologies including (but not limited to), agent-based modeling, microsimulation, system dynamics modeling, network analysis, discrete event analysis, Markov modeling, many operations research and engineering methods, and a variety of other modeling and simulation approaches.

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Healthcare systems engineering evidence base?





Postulation

- Growing use of basic process improvement methods
- Lean, PDSA, Six sigma, Safety, etc
- But what else (other industries)?

- Systems engineering can have significant value
- Basic methods (for all)
 - 'Systems engineering for common man'
- Advanced methods
 - Regional extension center model
- "By what method?"



What matters

What IE's do



INSTITUTE OF MEDICINE OF THE NATIONAL ACADEMIES







Effective



Patient centered



Timely



Efficient



Equitable



Common Applications of Systems Engineering

- Flow, waits, delays
- Logistics, capacity
- Quality, lean, six sigma
- Safety, reliability
- Treatment, medical • decision making
- Policy •



What is systems engineering?



Typical applications

Logistics & efficiency

- Inventory and supply chains
- OR scheduling and turn-around
- Academic workforce logistics
- Regional network design
- Real time location systems

Medical decision making

- Treatment optimization
- Screening and diagnostic tests
- Radiation therapy optimization
- Patient shared decision support
- Palliative and hospice care
- Medical alternative evaluation

Patient flow & Access

- Access, waits and delays
- Patient flow simulation
- Workflow smoothing
- Capacity planning, scheduling, and demand management

Quality & patient safety

- Reliable and consistent care
- Adverse events reduction
- Preventable readmissions
- Care continuity
- Human factors engineering
- Quality/improvement science

examples



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www.coe.neu.edu/healthcare

We do a <u>LOT</u> of this...



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...and we do a lot of this



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Congestive heart failure readmissions

Aim: Reduce CHF readmission costs 25% by increasing post-discharge follow-up appts ≤ 7 days

Approach: Basic process flow, data analysis, and CQI







Cost due to Readmissions

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Central line ICU infections

Aim

Reduce ICU CLABSI rate and associated costs by 50% within 9 months through implementation of "bundle"

Approach

- Process flow analysis
- Bundle implementation via reliability science and human factors models

CLABSI Bundle

- 1. Insertion technique, hand hygiene
- 2. Low risk site selection
- 3. Maintenance (sterile)
- 4. Daily removal assessment



Peri-operative inventory

Aim

Reduce peri-operative supply costs by 20% via inventory methods, lean concepts, and preference card reduction

Approach

- Establish/revise PAR levels for 80% of "A" items
- Standardize & reduce preference cards
- 5S inventory areas



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Room utilization/pooling

Aim

Consolidate low utilized patient rooms to eliminate ~\$2m/yr overflow space costs by hybrid room pooling

Approach

- Room sharing simulation
- Open availability real-time RTLS tool
- Pareto/CQI of reasons new process not followed



Dept	DIndicator	Apt Time	Arrival Time	Pt Name	Provider	P Indicator	P Count
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		10:30 AM	10:31 AM	BBB	OVERMOYER		2
BOC		10:30 AM	10:36 AM	CCC	BURSTEIN		2
		11:00 AM	10:33 AM	DDD	GOLSHAN		1
		11:15 AM	10:34 AM	EEE	OVERMOYER		2
SAC		10:30 AM	10:38 AM	FFF	MORGAN		1
JAC		11:00 AM	10:44 AM	GGG	RAUT		1



ED Observation Unit





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Predictive models



Logistics applications

- Patient flow (ED admits)
- System-wide flow (bed huddle forecaster)
- ICU or OU bed demand (7 day ahead forecast)

Clinical applications

- Patient decline
- High annual total TCC
- Outlier long LOS

Academic Emergency Medicine

ORIGINAL RESEARCH CONTRIBUTION

Predicting Emergency Department Inpatient Admissions to Improve Same-day Patient Flow

Jordan S. Peck, MS, James C. Benneyan, PhD, Deborah J. Nightingale, PhD, and Stephan A. Gaehde, MD, MPH



SPC methods

'Simple' Methods





Advanced Methods





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Primary care team continuity

Primary care continuity coverage



• Better continuity \rightarrow Better prevention, outcomes, re-visits

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Results



Summary

- 1. Industrial and systems engineering under used in health care
- 2. National CMS large demonstration project
 - Impact, visibility, workforce development
- 3. Regional extension center as one model
- 4. Open to any health system
 - How can we help you?
 - How can you help us?



Thank you

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Contact information:

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Project proposal process

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